MOM'S MEALS®

Menu
Puréed

Developed in accordance with guidelines from the International Dysphagia Diet Standardization Initiative (IDDSI) Framework.

Carbs (g): Approximate grams of carbohydrates are shown for the **tray only** and the full meal

Breakfast

ITEM		CARBS (g)	
952	**Vanilla Pancakes with Maple Berry Sauce and Breakfast Turkey Patty**	81	93
956	**Cheese Omelet with Brown Sugar Pork and Blueberry Applesauce** 🌾	56	68
957	**French Toast with Scrambled Eggs and Sweet Pineapples** ➤	66	78
975	**Scrambled Eggs with Brown Sugar Pork and Apple Fritter**	41	53

Lunch and Dinner

ITEM		CARBS (g)	
950	**Chicken Enchilada with Refried Beans and Cinnamon Apples** and Vanilla Pudding 🌾	60	95
951	**Chicken Parmesan and Broccoli with Cheese** and Chocolate Pudding ➤	20	54
953	**BBQ Pork Sandwich and Creamed Corn,** Raspberry Applesauce and Vanilla Pudding	53	107
954	**Cheeseburger and BBQ Baked Beans** and Vanilla Pudding	61	96
955	**Roasted Chicken with Mashed Potatoes and Brown Sugar Glazed Carrots** and Blueberry Applesauce 🌾 ➤	37	69
958	**Pepperoni Supreme Pizza and Pineapple Upside Down Cake**	68	81
959	**Pork Roast with Sweet Potatoes and Green Beans** and Blueberry Applesauce 🌾	33	65
960	**Beef Pot Roast with Gravy, Mashed Potatoes and Peach Cobbler** and Applesauce ➤	54	78
961	**Chicken Pot Pie and Strawberry Shortcake** and Chocolate Pudding ➤	50	85
963	**Roast Turkey with Gravy, Stuffing, and Cranberry Applesauce** and Chocolate Pudding ➤	67	102
971	**Tuna Noodle Casserole and Chocolate Cake with Cherries,** Applesauce and Vanilla Pudding	60	107
972	**Meatloaf with Mashed Potatoes and Green Beans,** Raspberry Applesauce and Vanilla Pudding 🌾 ➤	52	106

➤ Customer Favorite   🌾 Gluten Free

REFRIGERATE MEALS UPON ARRIVAL.

All Meals Include Milk.

Please select the meals that are most appropriate for your dietary needs.

Menus are subject to change.
As with any kitchen, there are times when availability of ingredients can fluctuate causing us to utilize alternative options with like nutritionals.

* 0 0 7 9 6 5 / 3 3 3 3 *